



What Can a Few Dollars Do?

for **\$1**
per pay period

For the cost of a dollar menu item

- Purchase a new book or DVD for a library
- Reduce the cost of groceries for one week for a working family
- Provide a swimming lesson for a child with a local organization
- Pay for an annual membership to a natural science museum for a youth or senior
- Cover the staff time and expenses to pay for one call to a crisis center hotline
- Provide a helmet to a child participating in a sports program
- Cover the cost of an ID for someone seeking housing



for **\$5**
per pay period

For the cost of a fancy coffee

- Give a small grant to a working Vermonter who is experiencing an unexpected financial crisis
- Cover the cost of 4 nights at an emergency shelter
- Pay for wildlife rehabilitation for one week
- Conduct a two-hour financial literacy training for youth
- Provide afterschool care for one week to a child in need
- Give a science museum membership to a family in need
- Purchase special diet feed for senior animals



for **\$20**
per pay period

For the cost of movie tickets

- Fill a backpack with essential and comfort items for a child entering emergency foster care
- Provide 2 weeks of emergency shelter for runaway youth
- Plant 500 trees
- Provide a STEM classroom kit for a Vermont classroom
- Provide an entire wardrobe for a school-aged child
- Deliver 50 meals to seniors



For the cost of takeout

- Purchase winter tires for a family in need
- Install a temporary crosswalk in a town
- Offer 50 youth memberships to a local sports organization
- Provide a security deposit for at-risk youth to secure an apartment
- Provide 25 vouchers to underrepresented individuals who want to try biking
- Help a family avoid eviction by providing financial assistance
- Provide adaptive and safety equipment for therapeutic horseback riding
- Feed hay for the winter to one cow living at a farm animal sanctuary
- Purchase an entire holiday wish list for one child
- Feed one senior a year's worth of meals

for
\$50
per pay period

United Way



**Green Mountain
United Way**

Uniting around the health, education, and financial mobility of every person

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